motivate your team, create positive energy and inspire enthusiasm!
The Caribbean Sport and Development Agency (CSDA) is a Non-Governmental Organization that has been utilizing the powerful medium of play, sport and physical activity to support the development of individuals, communities and organizations since 2002. CSDA is recognized as the leading Sport for Development Agency in the Caribbean region, having worked in 13 Caribbean territories and has established strong partnerships with international, regional and local organizations and government bodies.

Team Building

Play is powerful! It brings people together and offers an inclusive platform through which individuals and organizations can develop skills that enhance the workplace environment, leading to improved productivity and staff satisfaction.

Motivate your team, create positive energy and inspire enthusiasm with a well constructed team building experience that utilizes lessons learnt from the field of sport and physical activity.

With over 13 years experience of using sport to develop people, we can help you improve team cohesion and increase personal productivity.

Why Team Building?

Inspired, energized staff produce quality work. Whether you have a small team or a large company, this team building experience will strengthen your staff’s skills in:

- Team cohesion and team work
- Communication
- Problem solving
- Leadership
- Creativity
- Trust

Who are we?

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We guarantee

- A creative, engaging and thought inspiring experience customized to the needs of your organization
- Stimulating and interactive materials
- Challenging and thought provoking activities
- Flexibility of venue/location

Our Process

Our tailored approach is composed of three phases that ensures your organization’s ownership in the preparation of the activity:

1. Needs Assessment:
   - This includes preliminary meetings / interviews with management to understand the needs of your organization
   - Small group discussion with sample of staff participants (if necessary)

2. Collaborative Design:
   - Together with your organization, we will create the ultimate team building experience

3. Interactive delivery:
   - Participant centred activities that will engage your team in enjoyable and challenging experiences that lead to thoughtful and deliberate actions.

Our Facilitators

CSDA Team Building facilitators are chosen because they possess the skills, experience and qualifications to support rich individual engagement and dynamic group interactions. All CSDA Team Building sessions are lead by an MTa Certified Trainer.

For more information about MTa Learning, visit their website at www.mtalearning.com